

	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
morning		Training	training	50 m Fly - W	400 m Free - M	100 m Free - M	200 m Ind. Med. - W	200 m Free - M	F - 400 m Free - W
				400 m Ind. Med. - M	100 m Fly - W	400 m Ind. Med. - W	50 m Free - M	200 m Fly - W	F - 50 m Back - M
				100 m Free - W	200 m Fly - M	1500 m Free - M	50 m Free - W	50 m Fly - M	F - 200 m Breast - W
				50 m Breast - M	50 m Breast - W	200 m Back - W	4 x 200 m Free - M	100 m Breast - W	F - 200 m Ind. Med. - M
				1500 m Free - W	100 m Back - M	200 m Back - M	50 m Back - W	4 x 100 m Ind. Med. - M	F - 100 m Back - W
			Opening ceremony	4 x 100 m Ind. Med. - X	4 x 100 m Free - M	200 m Free - W	100 m Fly - M	4 x 200 m Free - W	F - 200 m Breast - M
						100 m Breast - M	800 m Free - W		F - 4 x 100 m Free - X
					4 x 100 m Ind. Med. - W	4 x 100 m Free - W			
afternoon	Training		200 m Breast - M	F - 400 m Ind. Med. - M	F - 400 m Free - M	F - 400 m Ind. Med. - W	S - 50 m Free - M	F - 50 m Free - W	
			100 m Back - W	F - 50 m Fly - W	F - 100 m Fly - W	S - 100 m Free - M	S - 50 m Free - W	F - 200 m Free - M	
			800 m Free - M	F - 800 m Free - M	F - 200 m Fly - M	F - 200 m Back - W	F - 100 m Fly - M	F - 200 m Fly - W	
			200 m Breast - W	S - 100 m Free - W	F - 50 m Breast - W	F - 200 m Back - M	F - 200 m Ind. Med. - W	F - 50 m Fly - M	
			50 m Back - M	F - 50 m Breast - M	F - 100 m Back - M	F - 200 m Free - W	F - 100 m Free - M	F - 800 m Free - W	
			400 m Free - W	F - 4 x 100 m Med. - X	F - 100 m Free - W	F - 100 m Breast - M	F - 50 m Back - W	F - 4 x 100 m Med. - M	
			200 m Ind. Med. - M		F - 4 x 100 m Free - M	F - 4 x 100 m Med. - W	F - 1500 m Free - M	F - 4 x 200 m Free - W	
			4 x 100 m Free - X		F - 1500 m Free - W		F - 4 x 100 m Free - W	F - 50 m Free - M	
					F - 4 x 200 m Free - M	F - 100 m Breast - W			

Heats
Semi-Finals
Finals